

### EPIDEMIOLOGICAL MEASURES, INSTRUCTIONS AND RECOMMENDATIONS INTENDED FOR ACCOMMODATION USERS BEING LOCATED OR STAYING IN THE ACCOMMODATION FACILITIES OF THE STUDENT CENTRE RIJEKA REGARDED TO SARS-COV-2 VIRUS EPIDEMIC

### Academic year 2021./2022.

This document has been made on the basis of measures, instructions and recommendations of the competent legal persons. Measures, instructions and recommendations from this document apply to all users of accommodation (guests) in the accommodation facilities of the Student centre Rijeka: students, professors, teaching and non-teaching staff, scientists and other guests.

This document can change due to changes of the measures, instructions and recommendations brought by competent bodies of the Republic of Croatia. Accommodation users are obliged to regularly inform theirself about changes and updates of this document.

### Dear guests, we are thankful for understanding and respecting all the epidemiological measures, instructions and recommendations which you can see in this document and in accommodation facilities of the Student centre Rijeka!

## **1. GENERAL EPIDEMIOLOGICAL MEASURES, INSTRUCTIONS AND RECOMMENDATIONS IN ACCOMMODATION FACILITIES OF STUDENT CENTER RIJEKA**

— Each persons entering the facilities of the Student centre Rijeka is required to wear protective mask in a proper way (mask must cover the mouth, nose and part of the face). Users of accommodation are obliged to wear protective mask in all common areas: hallways, staircases, elevators, classrooms, laundries, shared kitchenettes, living room, shared toilets, bathrooms, etc. Wearing a protective mask while staying in the room is not mandatory.

— When entering the accommodation facility, accommodation users are obliged to disinfect their hands with a suitable disinfectant or wash them properly with soap and water. When washing their hands, accommodation users should follow the instructions for proper hand washing: <a href="https://www.careplus.eu/en/corona-virus-wash-your-hands-thoroughly/">https://www.careplus.eu/en/corona-virus-wash-your-hands-thoroughly/</a> For drying hands it is recommended to use disposable paper towels, which should be thrown in</a>

For drying hands it is recommended to use disposable paper towels, which should be thrown in the garbage bin with a lid.

- Accommodation users are recommended to wash their hands regularly, not only when entering the accommodation facility, but also before and after food preparation, before and after eating meals, before and after using the toilet, after coming from outside, after cleaning the accommodation unit, always when hands look dirty - as often as possible!
- Accommodation users are obliged to keep minimal physical distance of at least 1,5 meters from another person (or 2 meters when possible).
- In order to prevent the spreading of the SARS-CoV-2 virus, visits are not allowed, respectively persons who are not users of accommodation are not allowed to enter the accommodation facilities of the Student centre Rijeka. Exceptions are personal assistants to a accommodation users with disabilities (necessary visit related to health and safety issues) and other persons who come due to certain extraordinary circumstances or urgent obligations. Accommodation user is obliged to report the entry of persons to the reception staff. Personal assistants and all other

STUDENTSKI CENTAR



persons entering the accommodation facilities are obliged to respect all prescribed epidemiological measures, instructions and recommendations and (before entering the accommodation facilities) come to the reception.

- If possible, accommodation users who are accommodated in double rooms should move their beds so the distance between them is at least 1,5 meters. If this is not possible, please use the pillow in such a way that there is a sufficient distance between the heads of the accommodation users who are sharing the double bed room (accommodation users should put the pillow on the opposite side of beds).
- The elevator can be used only by one person at the same time.
- It is not allowed to enter the room/facility if there are so many people that keeping the recommended physical distance is not possible.
- Avoid shaking hands with other people.
- When coughing and sneezing, accommodation users should cover their mouth and nose with the inside of the elbow or tissue. Used tissues should be discarded into the garbage bin with a lid. Then, accommodation users should wash/disinfect their hands. When coughing and sneezing, accommodation user should be turned away from other people.
- Avoid touching your face, mouth and eyes, especially when your hands are not washed/disinfected.
- Accommodation users are obliged to respect and regularly inform about all current measures, instructions and recommendations for preventing the spread of the SARS-CoV-2 virus epidemic. To do that, it is necessary to use only relevant and verified sources of information, such as information obtained from the Croatian Institute of Public Health, Ministry of Health, Directorate of Civil Protection, official website for timely and accurate information about coronavirus (www.koronavirus. hr), Ministry of Science and Education, University of Rijeka, Student centre Rijeka etc.
- It is not allowed to use student dormitory as a place for self-isolation (quarantine). Self-isolation is a measure of prevention of SARS-CoV-2 virus infection and COVID-19 disease. It should be prescribed by a doctor.
- Accommodation users are obliged to have a sufficient number of listed items at any time: hand disinfectants/soaps, wipes (we recommend disposable wipes), towels (we recommend disposable paper towels), protective masks, medical thermometer, personal hygiene products, cleaning and disinfectant agents, trash bags etc.
- Accommodation users are obliged to take care of personal and room hygiene regularly. It is recommended to disinfect frequently touched surfaces in the room more often.
- Having parties, celebrations, etc. in closed and open spaces and facilities of the Student Centre Rijeka is not allowed.
- Lingering in the hallways, stairwells and other common areas of the accomodation facilities should be as short as possible to prevent grouping.
- Accommodation user is not allowed to enter in the room of others accommodation users. If entry is necessary, accommodation users must wear a protective mask and keep minimal physical distance.
- Physical activity is very important but preference should be given to outdoor sports and activities without physical contact. If this is not possible, accommodation users should do sports activities with student from the same room - roommates.
- It is recommended to avoid using air conditioners. Instead of that, accommodation users should regulary ventilate accommodation unit by opening the windows (a few times a day).



- DORMITORY INTERNET: accommodation users connect to the Internet by themselves. In case of connection problems, there are instructions for connecting to the Internet which can be found on Student centre Rijeka's web page.
- ROOM MALFUNCTIONS REPORT: accommodation users report room malfunctions online via the link: <u>https://ticket.scri.hr/</u>
- Receptions of accommodation facilities are available by phone/mobile phone or in person. Reception phone numbers are:
  - Student dormitory Trsat: **+385 51 584 544** or **+385 99 469 6296**
  - Student dormitory Ivan Goran Kovačić: +385 51 672 422 or +385 99 2653894
- Administration of the student dormitories are available by email:
  - Student dormitory Trsat: dom@scri.hr
  - Student dormitory Ivan Goran Kovačić: drazen.vukelic@scri.uniri.hr

## 2. EPIDEMIOLOGICAL MEASURES, INSTRUCTIONS AND RECOMMENDATIONS WHEN MOVING IN (CHECK-IN) TO THE ACCOMMODATION FACILITIES OF THE STUDENT CENTRE RIJEKA

When moving in (check-in) the accommodation facilities of the Student centre Rijeka, person has to measure his body temperature. If measurement shows that person has a higher body temperature (equal to or higher than 37.2 ° C), person will not be able to move into the accommodation facility. Student centre Rijeka's staff will not move in a person:

- with prescribed measure of self-isolation / quarantine;
- that is not familiar with all provisions of the Protection of Population from Infectious Diseases Law;
- who had close contact with a person who has tested positive for virus SARS-CoV-2;
- who is tested positive for SARS-CoV-2 virus;
- that has symptoms of disease caused by the SARS-CoV-2 virus (most common symptoms: fever, respiratory symptoms (cough, difficulty breathing, sore throat etc.), disturbance of sense of smell and taste, vomiting and diarrhea);
- that is not familiar with prescribed preventive measures for protection against SARS-CoV-2 virus infection and all the measures prescribed by the Student Centre Rijeka, Ministry of Science and Education, University of Rijeka, Croatian Institute of Public Health, Ministry of Health, etc.;

When moving in, it is recommended that parents, friends, etc. of the accommodation user do not enter the accommodation facility to help carrying things. If entry is necessary, it is allowed only when all the persons respect prescribed epidemiological measures, instructions and recommendations. It is important that they do not stay in the facility longer than necessary.



# **3. EPIDEMIOLOGICAL MEASURES, INSTRUCTIONS AND RECOMMENDATIONS WHILE USING OF COMMON SPACES IN ACCOMMODATION FACILITIES OF STUDENT CENTER RIJEKA**

Student dormitory Ivan Goran Kovačić		
Common space	Epidemiological measures, instructions and recommendations	
<b>1. Laundry</b> (pavilion1)	<ul> <li>Maximum number of people in the space at the same time: 1</li> <li>Accommodation user's obligations: compliance with the provision of maximum number of people in the space at the same time, wearing of a protective mask in a proper way, hand disinfection</li> <li>Recommendation: wearing of disposable gloves</li> </ul>	
<b>2. Classroom</b> (pavilion 5)	<ul> <li>Maximum number of people in the space at the same time: 10</li> <li>Accommodation user's obligations: each accommodation user uses only one table at which he sits alone, compliance with the provision of maximum number of people in the space at the same time, keeping physical distance from another person, wearing of a protective mask in a proper way all the time except when sitting at a table, hand disinfection, moving inventory and equipment is not allowed, registration of classrooms users into the appropriate records</li> <li>Recommendation: wearing of disposable gloves</li> <li>Note: classroom is open every day all day and night, with an one hour long break from 07:00 AM to 08:00 AM.</li> </ul>	
<b>3. IT</b> <b>Classroom</b> (pavilion 1)	<ul> <li>Maximum number of people in the space at the same time: 1</li> <li>Accommodation user's obligations: compliance with the provision of maximum number of people in the space at the same time, wearing of a protective mask in a proper way, hand disinfection, registration of classrooms users into the appropriate records</li> <li>Recommendation: wearing of disposable gloves</li> </ul>	
<b>4. Bathrooms</b> (all pavilions)	<ul> <li>Maximum number of people in the space at the same time: the number is indicated on the door of the room</li> <li>Accommodation user's obligations: compliance with the provision of maximum number of people in the space at the same time, keeping physical distance from another person, wearing of a protective mask in a proper way, hand disinfection</li> <li>Recommendations: wearing of disposable gloves, while using a shared bathroom/toilet always try to use the same toilet/sink/shower, always use the bathroom located on the same floor as the accommodation unit of the accommodation user, for drying hands it is recommended to use disposable paper towels, which should be thrown in the garbage bin with a lid</li> <li>Note: protective masks do not have to be worn while brushing teeth, washing face or showering</li> </ul>	
<b>5. Toilet</b> (all pavilions)	<ul> <li>Maximum number of people in the space at the same time: the number is indicated on the door of the room</li> <li>Accommodation user's obligations: compliance with the provision of maximum number of people in the space at the same time, keeping physical</li> </ul>	



	<ul> <li>distance from another person, wearing of a protective mask in a proper way, hand disinfection</li> <li>— Recommendations: wearing of disposable gloves, while using a shared toilet always try to use the same toilet/sink, always use the toiled located on the same floor as the accommodation unit of the accommodation user, it is recommended to disinfect the toilet/bord/button on the cistern ect. with alcohol-based disinfectant before using it, for drying hands it is recommended to use disposable paper towels, which should be thrown in the</li> </ul>
<b>6. Gym</b> (space next to pavilion 1)	<ul> <li>garbage bin with a lid</li> <li>Maximum number of people in the space at the same time: 1</li> <li>Accommodation user's obligations: gym users are required to follow epidemiological measures and instructions from document "Recommendation for training and sports and recreational activities in indoor sports facilities":</li> <li>https://www.hzjz.hr/wp-content/uploads/2020/03/Preporuka-za-treninge-i-%C5%A1portsko-rekreativne-aktivnosti-u-zatvorenim-%C5%A1portskim-objektima.pdf</li> <li>Gym user is obliged to respect all decisions, measures, instructions and recommendations contained in that document and also the Gym rules.</li> <li>Note: Gym is open every day from 07:00 AM to midnight, with an one hour long break from 01:00 PM to 02:00 PM.</li> </ul>
7. Kitchenettes (all pavilions)	<ul> <li>Maximum number of people in the space at the same time: the number is indicated on the door of the room</li> <li>Accommodation user's obligations: compliance with the provision of maximum number of people in the space at the same time, keeping physical distance from another person, wearing of a protective mask in a proper way, hand disinfection, while using kitchenette it is recommended to use the one located on the same floor as the accommodation unit</li> <li>Recommendations: wearing of disposable gloves, do not share a meal, glass, cup, dishes, cutlery, etc. with other people, do not leave food in the kitchen or refrigerator (if not possible leave the food in the refrigerator in a bag marked with the name of the accommodation user)</li> </ul>
8. Room for gymnastics (pavilion 1)	<ul> <li>Maximum number of people in the space at the same time 1</li> <li>Accommodation user's obligations: compliance with the provision of maximum number of people in the space at the same time, hand disinfection, registration of classrooms users into the appropriate records</li> </ul>

Student dormitory Trsat	
Common space	Epidemiological measures, instructions and recommendations
<b>1. Launry</b> (pavilion 4)	<ul> <li>Maximum number of people in the space at the same time: 10</li> <li>Accommodation user's obligations: compliance with the provision of maximum number of people in the space at the same time, keeping physical distance from another person, wearing of a protective mask in a proper way, hand disinfection</li> <li>Recommendation: wearing of disposable gloves</li> </ul>



STUDENTSKI CENTAR RIJEKA

### STUDENT DORMITORY IVAN GORAN KOVAČIĆ AND STUDENT DORMITORY TRSAT

<b>2. Bicycle</b> <b>storage</b> (pavilions 1 and 2)	<ul> <li>Maximum number of people in the space at the same time: 10</li> <li>Accommodation user's obligations: compliance with the provision of maximum number of people in the space at the same time, keeping physical distance from another person, wearing of a protective mask in a proper way, hand disinfection, moving inventory and equipment is not allowed, registration of bicyle storage users into the appropriate records</li> <li>Recommendation: wearing of disposable gloves</li> <li>Note: Bicycle storages are open every day all day and night, with an one hour long break.</li> </ul>
<b>3. Living room</b> (pavilion 1)	<ul> <li>Maximum number of people in the space at the same time: 10</li> <li>Accommodation user's obligations: compliance with the provision of maximum number of people in the space at the same time, keeping physical distance from another person, wearing of a protective mask in a proper way, hand disinfection, moving inventory and equipment is not allowed, registration of living room users into the appropriate records</li> <li>Recommendation: wearing of disposable gloves</li> <li>Note: Living room is open every day all day and night, with an one hour long break.</li> </ul>
<b>4. IT</b> <b>Classroom</b> (pavilion 2)	<ul> <li>Maximum number of person in the space at the same time: 62 (the maximum number of users in the classroom area reserved for users of accommodation from pavilion 1 is 24 classroom users, the maximum number of users in the part of the classroom reserved for users of accommodation from pavilion 2 is 20 classroom users, the maximum number of users in the classroom part reserved for users of accommodation from pavilion 4 is 18 classroom users)</li> <li>Accommodation user's obligations: each accommodation user uses only one table at which he sits alone, the space should be used according to the schedule: each user can use only the part of the classroom intened to the accommodation users from the pavilion they are situated in, compliance with the provision of maximum number of people in the space at the same time, keeping physical distance from another person, wearing of a protective mask in a proper way all the time except while sitting at a table, hand disinfection, moving inventory and equipment is not allowed, registration of classrooms users into the appropriate records</li> <li>Recommendation: wearing of disposable gloves</li> <li>Note: IT Classroom is open every day all day and night, with an one hour long break from 07:00 AM to 08:00 AM.</li> </ul>
<b>5. Gym</b> (pavilion 1)	<ul> <li>Maximum number of people in the space at the same time: 11</li> <li>Accommodation user's obligations: gym users are required to follow epidemiological measures and instructions from document "Recommendation for training and sports and recreational activities in indoor sports facilities": https://www.hzjz.hr/wp-content/uploads/2020/03/Preporuka-za-treninge-i-%C5%A1portsko-rekreativne-aktivnosti-u-zatvorenim-%C5%A1portskim-objektima.pdf Gym user is obliged to respect all decisions, measures, instructions and recommendations contained in that document and also the Gym rules. Note: Gym is open from Monday to Sunday from 07:00 AM to 09:00 PM, with an one hour long break. From Monday to Friday break will be held from 01:00</li></ul>



PM to 02:00 PM. On Saturday and Sunday break will be held from 11:00 AM to the Noon.

### 4. PROCEDURES WITH ACCOMMODATION USER WHO HAVE SYMPTOMS OF COVID-19 DISEASE, WHO HAVE BEEN PRESCRIBED A SELF-ISOLATION MEASURE OR WAS TESTED POSITIVE TO SARS-COV-2 VIRUS

If accommdation user:

- has symptoms of COVID-19 disease (the most common symptoms are: fever, respiratory symptoms (cough, difficulty in breathing, sore throat), altered sensations of taste and smell, vomiting, diarrhea, muscle pain) or
- was prescribed self-isolation measure by a doctor or
- was tested positive to SARS-CoV-2 virus

### he or she can not enter the accommodation facilities of the Student centre Rijeka.

If accommodation user is located (stays) in the accommodation facility of the Student centre Rijeka and:

- has symptoms of COVID-19 disease (the most common symptoms are: fever, respiratory symptoms (cough, difficulty in breathing, sore throat), altered sensations of taste and smell, vomiting, diarrhea, muscle pain) or
- was prescribed self-isolation measure by a doctor or
- was tested positive to SARS-CoV-2 virus

accommodation user is obliged to stay in the room and **immediately** contact Student centre Rijeka's staff by calling the following telephone / mobile phone numbers:

- for Student dormitory Trsat: +385 51 584 544 or +385 99 469 6296
- for Student dormitory Ivan Goran Kovačić: +385 51 672 422 or +385 99 2653894

If accommodation user has symptoms of COVID-19 disease (the most common symptoms are: fever, respiratory symptoms (cough, difficulty in breathing, sore throat), altered sensations of taste and smell, vomiting, diarrhea, muscle pain) he must call a doctor who will make a decision if testing is necessary. If doctor decides that testing is not necessary (because the symptoms may be explained by another disease), accommodation user can stay in the accommodation facility and will return to the room.

In case of severe health condition, ambulance should be called.

Accommodation user is obliged provide to Student centre Rijeka's staff with all the informations he received from the doctor. User of accommodation is obliged to inform Student centre Rijeka's staff if there is any risk of infecting the other users of accommodation.

The staff of Student centre Rijeka will inform accommodation user by phone about further actions.

If accommodation user is located (stays) in the accommodation facility of the Student centre Rijeka and:

- has symptoms of COVID-19 disease (the most common symptoms are: fever, respiratory symptoms (cough, difficulty in breathing, sore throat), altered sensations of taste and smell, vomiting, diarrhea, muscle pain) or
- was prescribed self-isolation measure by a doctor or



#### — was tested positive to SARS-CoV-2 virus

accommodation user is obliged **to leave the accoommodation facility of Student centre Rijeka as soon as possible**. Accommodation user can leave from the dormitory alone (if his/hers health condition allows it) or accompanied by a parent/another adult from the same household. Upon the arrival of the person mentioned before, accommodation user will be placed in an isolation room (if there is a free isolation room).

Accommodation user should contact parent/another adult person from the same household by telephone, e-mail or any other convenient way. Parent/another adult person should arrive for accommodation user as soon as possible. While leaving from student dormitory, accommodation user and person mentioned before should respect all prescribed measures, instructions and recommendations.

User of accommodation can return to the accommodation facility of Student centre Rijeka according to the decision of the doctor.

Except measures, instructions and recommendations listed in this document, accommodation users are obliged to follow and respect all the other measures, instructions and recommendations issued by competent authorities such as: Civil Protection Headquarters, Croatian Institute of Public Health, Ministry of Health, Ministry of Science and Education, University of Rijeka, Student centre Rijeka etc.

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